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Milrod, B., Busch, F.

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Cooper, A.; Shapiro, T.  
(1997) Manual of Panic-  
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Washington DC:  
American Psychiatric  
Press. Knowledge.  
Knowledge of the  
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the model is based on a dynamic formulation which assumes that: stressors preceding the onset of panic typically involve a real or fantasised separation/loss or need for greater autonomy, ...

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Psychodynamic

Psychotherapy (PFPP)

Panic-focused



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psychodynamic  
psychotherapy. Based in  
part on this formulation,  
the authors developed a  
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PFPP. 17 In the PFPP  
research studies, the  
treatment consists of 24  
twice-weekly sessions.  
This manualized  
approach targets core  
conflicts about anger  
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opportunity for  
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eXtended Range. Fredric  
N. Busch, Barbara L.  
Milrod, Meriamne B.  
Singer, Andrew C.

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